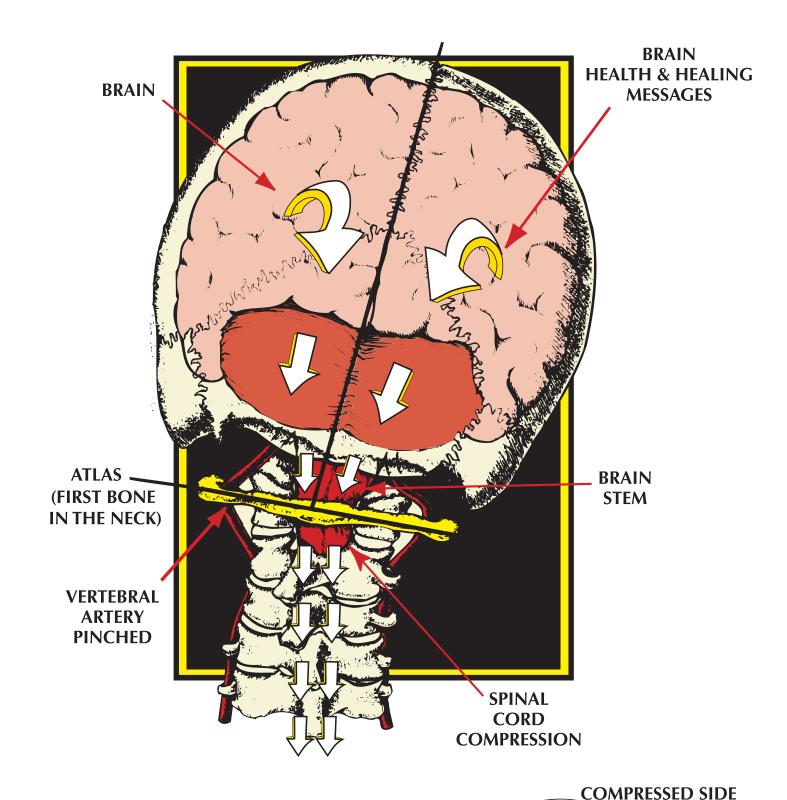
#### HERE'S WHAT HAPPENS

## STRUCTURAL MISALIGNMENT CAUSES SPINAL CORD COMPRESSION

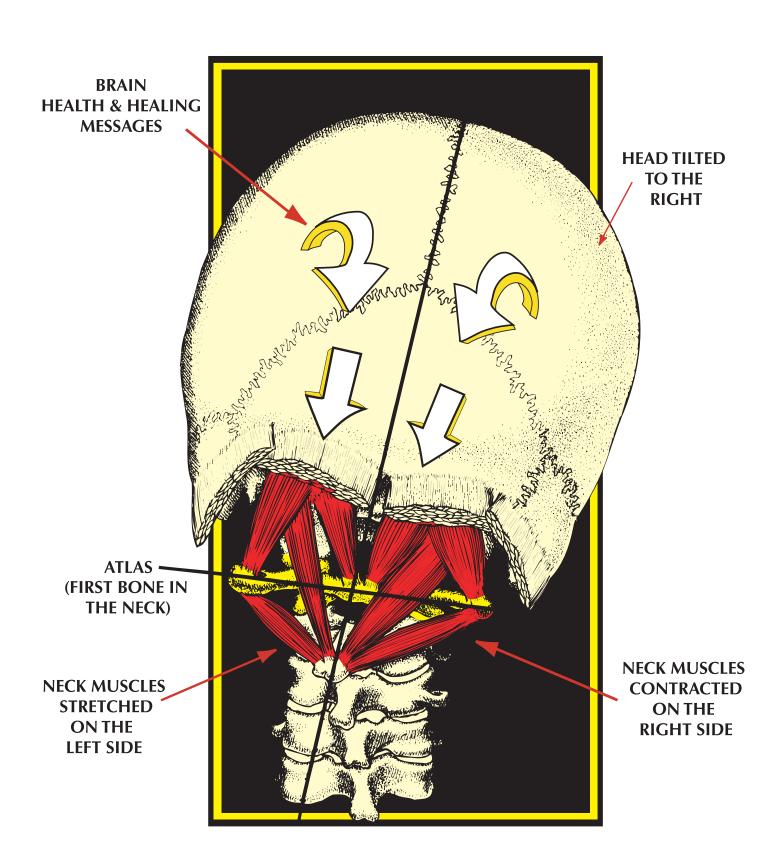


When head tilt develops and the body becomes imbalanced, the spinal cord is compressed, restricting the flow of health and healing messages from the brain to that part of the body serviced by these compressed nerves.

NORMAL SIDE

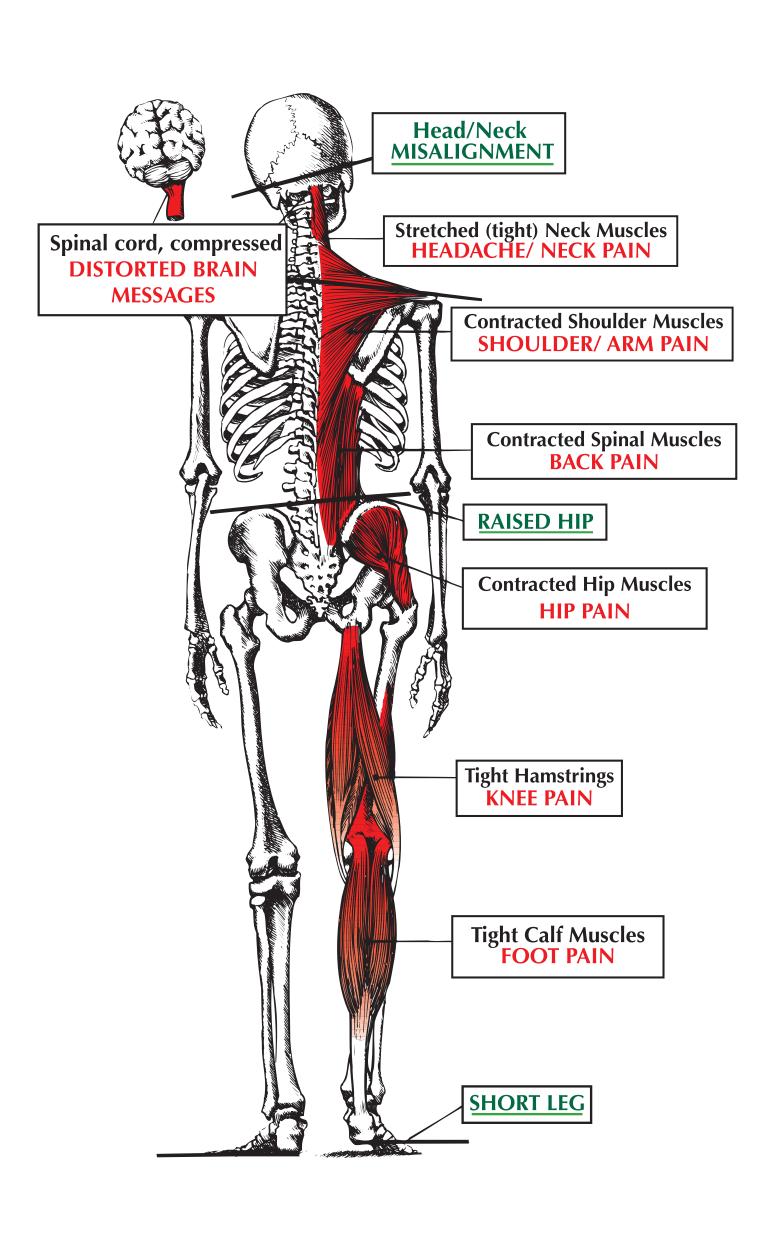
This can cause pain and suffering and decrease the quality of your life.

### CREATES TIGHT AND TENSE MUSCLES



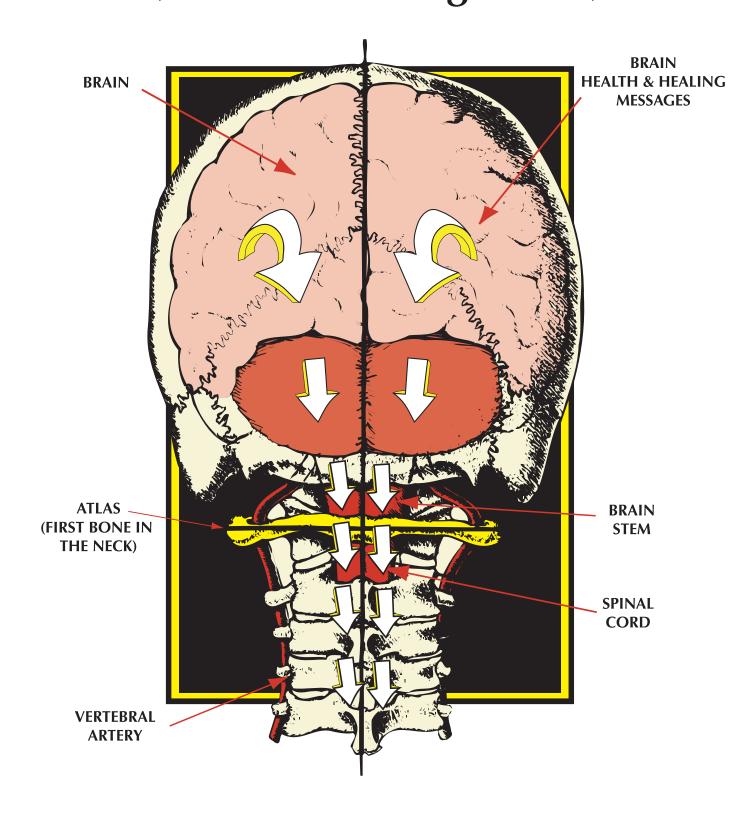
When the head develops a tilt the body is in a state of imbalance. The muscles on one side of the neck become contracted and the muscles on the other side of the neck are stretched.

#### CAUSING POSTURAL DISTORTION



Misalignment of the bone structure of your head and neck irritates the nervous system causing muscular tension and translates into pain and suffering.

# THIS IS HOW YOU FIX IT BODY BALANCE (Head/Neck Alignment)



When the body is balanced, there is no stress or tension on the spinal cord at the point where the head and neck join, this allows the health and healing messages that travel back and forth from the brain to the body to flow uninterrupted.

A balanced body will maintain health at its optimum level.

When head/neck misalignment is corrected and body balance is restored so brain healing messages can get through to the affected area, immediately muscles begin to relax, blood and oxygen circulation is increased and the natural self-healing process begins.